

# ST MARTHA'S KITCHEN

WEEK 1 - 04.09.23 / 25.09.23 / 16.09.23

PLEASE CHOOSE EITHER THE MAIN OPTION BELOW OR JACKET POTATO / SANDWICHES

JACKET POTATOES - SERVED WITH CHEESE, BAKED BEANS, TUNA.

HOMEMADE SANDWICHES - HAM , CHEESE, TUNA MAYO,

SERVED DAILY FRESH FRUIT, ASSORTED FRUIT YOGHURTS, OR CHEESE & BISCUITS ASSORTED

## MONDAY

Pizza & Potato wedges served with seasonal vegetables  
-Ice Cream

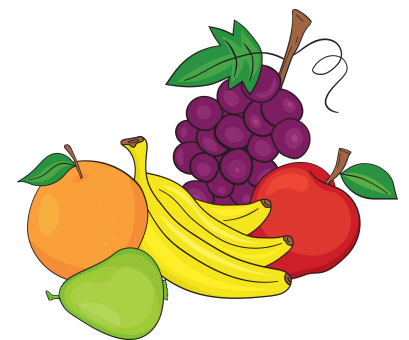


## TUESDAY

Pork/ Quorn Sausage served with  
mash potato & seasonal vegetables  
-Cherry Cake

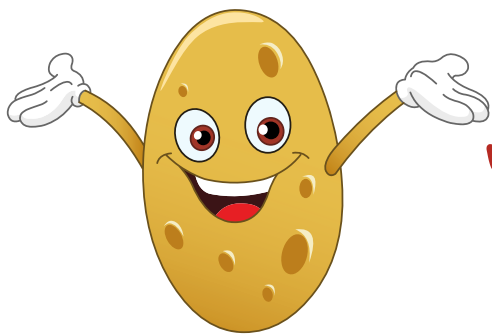
## WEDNESDAY

Roast Turkey, Yorkshire Pudding or  
Sausage roll (V) & seasonal vegetables  
-Doughnuts



## THURSDAY

Beef Chilli & Rice or Cheese Twist  
with Pommes Noisettes & Seasonal Vegetables  
-Apple Flapjack



## FRIDAY

Crunchy Fish or Omelette  
served with Chips and seasonal vegetables  
-Cupcake



# ST MARTHA'S KITCHEN

WEEK 2 - 11.09.23 / 02.10.23 / 23.10.23

PLEASE CHOOSE EITHER THE MAIN OPTION BELOW OR JACKET POTATO / SANDWICHES

JACKET POTATOES - SERVED WITH CHEESE, BAKED BEANS, TUNA.

HOMEMADE SANDWICHES - HAM , CHEESE, TUNA MAYO,

SERVED DAILY FRESH FRUIT, ASSORTED FRUIT YOGHURTS, OR CHEESE & BISCUITS ASSORTED

## MONDAY

Pizza & Potato wedges served with seasonal vegetables  
-Ice Cream

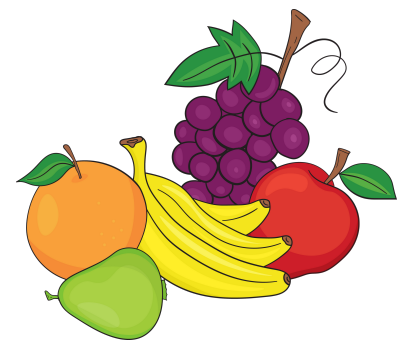


## TUESDAY

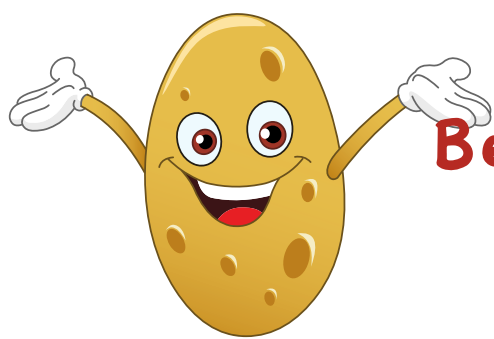
Frankfurter Sausage or Quorn Sausage  
all served with Pommes Potatoes,  
Seasonal vegetables.  
-Chocolate Crunch

## WEDNESDAY

Roast Gammon, Quorn Meatballs served with  
Mash & Vegetables  
-Oreo Cake



## THURSDAY



Beef Lasagne & Garlic Bread or Quorn Dippers  
with seasonal vegetables  
-Chocolate Krispy Cake

## FRIDAY

Fish Fingers or Omelette  
served with Chips and seasonal vegetables  
-Cupcake



# ST MARTHA'S KITCHEN

WEEK 3 - 18.09.23 / 09.10.23 / 23.10.23

PLEASE CHOOSE EITHER THE MAIN OPTION BELOW OR JACKET POTATO / SANDWICHES

JACKET POTATOES - SERVED WITH CHEESE, BAKED BEANS, TUNA.

HOMEMADE SANDWICHES - HAM, CHEESE, TUNA MAYO,

SERVED DAILY FRESH FRUIT, ASSORTED FRUIT YOGHURTS, OR CHEESE & BISCUITS ASSORTED

## MONDAY

Pizza & Potato wedges served with seasonal vegetables  
-Ice Cream

## TUESDAY



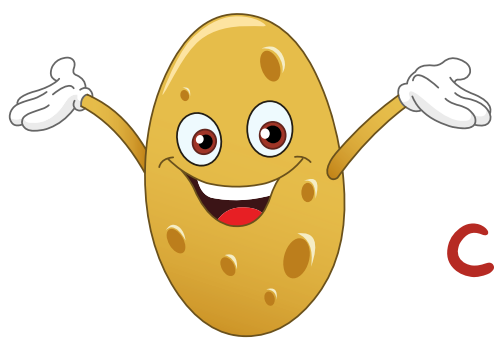
Chicken Tikka with Rice or Cheesy Beanies  
with Pommes Potatoes  
-Cake of the Day

## WEDNESDAY

Roast Turkey, Roast Potatoes & Seasonal Vegetables  
or Quorn Fillet Roast  
-Cookie



## THURSDAY



Beef Bolognese & Garlic Bread or  
Cheesy Tomato Pasta with seasonal vegetable  
-Homemade Chocolate Sponge

## FRIDAY

Fish Fingers or Omelette  
served with Chips and seasonal vegetables  
-Cupcake

