

Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	EYFS Outdoor Area	EYFS Outdoor Area	EYFS Outdoor Area	EYFS Outdoor Area	EYFS Outdoor Area	EYFS Outdoor Area
	Introduction to PE 2	Introduction to PE 1	Gymnastics 2	Dance 2	Ball skills 1	Fundamentals 1
Year 1	Fundamentals	Ball skills	Sending and receiving	Target games	Net and wall games	Athletics
	Fitness	Yoga	Dance	Gymnastics	Invasion games	Striking and fielding games
Year 2	Fundamentals	Ball skills	Sending and receiving	Target games	Net and wall games	Athletics
	Fitness	Yoga	Dance	Gymnastics	Invasion games	Striking and fielding games
Year 3	Football	Netball	Hockey	Tag Rugby	Athletics	Cricket
	Fitness	Yoga	Dance	Gymnastics	Basketball	Tennis
Year 4	Handball	Netball	Basketball	Tag Rugby	Athletics	Cricket
	Hockey	Yoga	Gymnastics	Dance	Football	Tennis
Year 5	Football	Netball	Tag Rugby	Basketball	Rounders	Athletics
	Hockey	Yoga	Dance	Gymnastics	Tennis	Cricket
Year 6	Handball	Basketball	Hockey	Netball	Cricket	Athletics
	Football	Yoga	Gymnastics	Dance	Tennis	Rounders